

Dear Canadian citizens,

We suggest you follow the latest developments and recommendations on COVID-19 that are published by the Government of Canada Travel Advisory, as well as Russian authorities, led by the Federal Service for Surveillance on Consumer Right Protection and Human Wellbeing (Rospotrebnadzor). If you are travelling through Moscow, please also take note of the City of Moscow Mayor's Office instructions as you make your travel decisions. See below a list of suggested resources to consult.

Please note that Moscow Mayor's Office issued a decree on March 5 instructing passengers arriving from, or having transited through a list of eleven (11) countries deemed to have shown a high number of COVID-19 cases to fill out a health questionnaire upon arrival (airports, train stations), and to self-isolate at home for a period of 14-days. The list of countries currently includes: China, Iran, Italy, France, Germany, Norway, South Korea, Spain, United Kingdom, United States, and Switzerland.

According to Sheremetevo airport, passengers in transit through any Moscow airport (SVO, DME, VKO, Zhukovsky) will also be examined for temperature. If no signs of a fever are shown, they can transit. In the event that they do show a temperature, they will be issued a visa on the spot and quarantined at a Moscow hospital.

Russian authorities ask that if you experience flu-like symptoms, and/or suspect that you have had contact with a person with Coronavirus, to please contact the nearest clinic or hospital by phone (not in person), or call the Moscow city hotline for instructions (below).

We also suggest you register as a Canadian abroad so that you may be contacted by the Government of Canada in case of emergencies abroad: <https://travel.gc.ca/travelling/registration>.

Relevant information and phone numbers:

- Travel advice for Canadian travellers: <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice.html>
- Rospotrebnadzor: <https://www.rospotrebnadzor.ru/about/info/news/>
- Rospotrebnadzor daily statistics: https://rospotrebnadzor.ru/region/korono_virus/epid.php
- Rospotrebnadzor call center: +8 800-555-49-43
- City of Moscow: <https://www.mos.ru/city/projects/covid-19/>
- City of Moscow hotline: +7 495 870-45-09
- Russian Ministry of Health – general recommendations: <https://www.rosminzdrav.ru/news/2020/01/30/13236-vremennye-metodicheskie-rekomendatsii-po-profilaktike-dagnostike-i-lecheniyu-novoy-koronavirusnoy-infektsii-2019-ncov>
- Medical emergency (free of charge): 112

Best regards,

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