

Moscow mayor Sergei Sobyenin [said](#) that after several months of self-isolation, Moscow has gradually returned to the normal rhythm of life. There have been no new outbreaks of COVID-19, and the pandemic continues to recede. In this regard, the restrictions are being lifted.

STARTING JULY 13, 2020

1. All restrictions are removed in the field of entrepreneurship, the provision of services to the public and other types of activities, except for sanitary requirements. Administrations of enterprises and organizations can independently decide whether to maintain remote operation or return employees to offices.

2. Restrictions on full-time work of educational institutions are lifted.

3. Restrictions on the operation of attractions, amusement parks, cultural centers and leisure organizations are lifted. Sports clubs, discos, etc. resume work, but with the condition that the number of visitors does not exceed 50% of the maximum capacity of the sites. However, mass entertainment, cultural and leisure events in the open air will still be suspended, since in this case it is impossible to ensure compliance with social distance. For the same reason, it is not yet possible to hold public events.

4. Children's camps and children's entertainment centers can reopen their doors.

5. When on the streets, citizens are recommended to use masks, respirators or other respiratory protection. Mandatory mask regime on the streets will be canceled. However, it is still necessary to use **masks and gloves in public transport, medical facilities, shops and other public places. Social distance requirements remain in force.**

STARTING AUGUST 1, 2020

1. It is allowed to re-open theaters, cinemas and concert halls that have no more than 3,000 seats and with the condition that the auditorium is not more than 50% full.

2. The number of spectators of sports events can be increased from 10% to 50% of the maximum capacity of the stands.

3. Finally, clubs and sections of the "Moscow Longevity" program resume their work, but only if the classes are held outdoors.

All newly opened organizations must comply with the sanitary requirements established by Rospotrebnadzor.